

## CCASA - Multi-Class Times Achieved 2016 (Stroke order)

This lists times achieved only - medals were awarded according to achievement of times faster than 'Personal Best' - Congratulations to Matthew Clowes (SB7) of Caradon and Ben Procter(SM14) of Newquay on their new British Para/Swimming Short Course Records: Matthew 200 Breaststroke 4:06.31 and Ben 100 IM 1:03.00

### Male 50m Backstroke

#### Heat

35.49	Cameron	Vearncombe	S14	Caradon Swimming Club	14	1
39.24	Kieran	Williams	S10	Newquay Cormorants SC	12	2
42.22	Matthew	Clowes	S8	Caradon Swimming Club	16+	3

#### Final

39.59	Kieran	Williams	S10	Newquay Cormorants SC	12	1
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### Male 100m Backstroke

#### Heat

1:17.11	Cameron	Vearncombe	S14	Caradon Swimming Club	14	1
1:25.41	Adam	Roebuck	S14	Bude Sharks	16+	2
1:25.80	Kieran	Williams	S10	Newquay Cormorants SC	12	3
1:30.85	Matthew	Clowes	S8	Caradon Swimming Club	16+	4

#### Final

1:27.24	Kieran	Williams	S10	Newquay Cormorants SC	12	1
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### Male 200m Backstroke

#### Heat

2:40.49	Cameron	Vearncombe	S14	Caradon Swimming Club	14	1
3:01.89	Matthew	Clowes	S8	Caradon Swimming Club	16+	2

### Male 50m Breaststroke

#### Heat

37.92	Cameron	Vearncombe	SB14	Caradon Swimming Club	14	1
52.83	Matthew	Clowes	SB7	Caradon Swimming Club	16+	2

#### Final

39.35	Cameron	Vearncombe	SB14	Caradon Swimming Club	14	1
53.18	Matthew	Clowes	SB7	Caradon Swimming Club	16+	2

### Male 100m Breaststroke

#### Heat

1:25.64	Cameron	Vearncombe	SB14	Caradon Swimming Club	14	1
1:32.44	Adam	Roebuck	SB14	Bude Sharks	16+	2
1:55.69	Matthew	Clowes	SB7	Caradon Swimming Club	16+	3

#### Final

1:27.31	Cameron	Vearncombe	SB14	Caradon Swimming Club	14	1
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### Male 200m Breaststroke

#### Heat

2:59.64	Cameron	Vearncombe	SB14	Caradon Swimming Club	14	1
4:06.31	Matthew	Clowes	SB7	Caradon Swimming Club	16+	2

### Male 50m Butterfly

#### Heat

33.96	Adam	Roebuck	S14	Bude Sharks	16+	1
36.27	Cameron	Vearncombe	S14	Caradon Swimming Club	14	2

**Male 100m Butterfly****Heat**

1:00.88	Benjamin	Procter	S14	Newquay Cormorants SC	16+	1
1:23.97	Cameron	Vearncombe	S14	Caradon Swimming Club	14	2

**Final**

1:00.93	Benjamin	Procter	S14	Newquay Cormorants SC	16+	1
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**Male 200m Butterfly****Heat**

2:45.44	Cameron	Vearncombe	S14	Caradon Swimming Club	14	1
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**Male 50m Freestyle****Heat**

31.31	Adam	Roebuck	S14	Bude Sharks	16+	1
32.13	Cameron	Vearncombe	S14	Caradon Swimming Club	14	2
36.34	Matthew	Clowes	S8	Caradon Swimming Club	16+	3

**Male 100m Freestyle****Heat**

1:07.75	Cameron	Vearncombe	S14	Caradon Swimming Club	14	1
1:08.28	Adam	Roebuck	S14	Bude Sharks	16+	2
1:15.87	Matthew	Clowes	S8	Caradon Swimming Club	16+	3
1:16.43	Kieran	Williams	S10	Newquay Cormorants SC	12	4

**Final**

1:16.42	Kieran	Williams	S10	Newquay Cormorants SC	12	1
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**Male 200m Freestyle****Heat**

2:26.43	Cameron	Vearncombe	S14	Caradon Swimming Club	14	1
2:28.08	Adam	Roebuck	S14	Bude Sharks	16+	2
2:45.15	Kieran	Williams	S10	Newquay Cormorants SC	12	3

**Male 400m Freestyle****Heat**

4:56.82	Cameron	Vearncombe	S14	Caradon Swimming Club	14	1
5:34.18	Matthew	Clowes	S8	Caradon Swimming Club	16+	2

**Male 1500m Freestyle****Heat**

22:53.40	Matthew	Clowes	S8	Caradon Swimming Club	16+	1
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**Male 100m Individual Medley****Heat**

1:04.52	Benjamin	Procter	SM14	Newquay Cormorants SC	16+	1
1:17.40	Cameron	Vearncombe	SM14	Caradon Swimming Club	14	2

**Final**

1:03.00	Benjamin	Procter	SM14	Newquay Cormorants SC	16+	1
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**Male 200m Individual Medley****Heat**

2:39.24	Cameron	Vearncombe	SM14	Caradon Swimming Club	14	1
2:53.77	Adam	Roebuck	SM14	Bude Sharks	16+	2
3:18.57	Matthew	Clowes	SM8	Caradon Swimming Club	16+	3

**Male 400m Individual Medley****Heat**

5:30.86	Cameron	Vearncombe	SM14	Caradon Swimming Club	14	1
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