

Sept 17th 2.00-6.00pm Bodmin Dragon Centre

CORNWALL COUNTY ASA

pre pathway

SWIM CLINIC

with Olympians

Jemma Lowe, Anthony James and Cassie Patten

**This clinic is for swimmers aged 11/under who regularly train with their clubs.
It includes land and pool training; a nutrition lecture; and finishes with
a Q & A session and photo opportunity**

you will be coached by REAL olympians for EVERY part of the clinic

COST PER SWIMMER £40

**please register your interest by emailing
ccasaswimclinics@gmail.com**

we will send you details and payment link

LIMITED PLACES!!!!!!!

we will be running a clinic for older swimmers in december 2017