

# CCASA 2020 - Competition Best Times (CBTs) by Age Group (Stroke order)

n.b. 1500m free reported before 800m free

## Female 50m Backstroke

10/11	35.83	Lily	Johns	Caradon SC	2020
		Chloe	Stone	Carn Brea and Helston SC	2020
12	32.93	Emma	Nettleton	Newquay Cormorants SC	2016
13	30.41	Turaya	Evans	Carn Brea & Helston SC	2016
14	30.64	Turaya	Evans	Carn Brea & Helston SC	2017
15	30.56	Turaya	Evans	Carn Brea & Helston SC	2018
16+	29.51	Turaya	Evans	Carn Brea & Helston SC	2019

## Female 100m Backstroke

10/11	1:18.59	Chloe	Stone	Carn Brea and Helston SC	2020
12	1:11.62	Emma	Nettleton	Newquay Cormorants SC	2016
13	1:07.14	Turaya	Evans	Carn Brea & Helston SC	2016
14	1:04.64	Turaya	Evans	Carn Brea & Helston SC	2017
15	1:03.90	Turaya	Evans	Carn Brea & Helston SC	2018
16+	1:03.55	Turaya	Evans	Carn Brea & Helston SC	2019

## Female 200m Backstroke

10/11	2:47.58	Chloe	Stone	Carn Brea and Helston SC	2020
12	2:41.89	Teyah	Rickwood	Newquay Cormorants SC	2020
13	2:30.42	Emma	Nettleton	Newquay Cormorants SC	2017
14	2:26.17	Turaya	Evans	Carn Brea & Helston SC	2017
15	2:22.63	Turaya	Evans	Carn Brea & Helston SC	2018
16+	2:16.73	Eleanor	Phesse	Carn Brea & Helston SC	2019

## Female 50m Breaststroke

10/11	43.45	Anya	Hocking	Truro City SC	2016
12	37.64	Emma	Nettleton	Newquay Cormorants SC	2016
13	36.18	Emma	Nettleton	Newquay Cormorants SC	2017
14	35.20	Kate	Mugleston	Caradon SC	2020
15	36.36	Maddie- rose	Walker	Penzance SA	2019
16+	34.50	Molly	Peters	St Ives Bay SC	2016

## Female 100m Breaststroke

10/11	1:34.45	Chloe	Stone	Carn Brea and Helston SC	2020
12	1:22.33	Emma	Nettleton	Newquay Cormorants SC	2016
13	1:20.82	Amelia	Durant	Carn Brea & Helston SC	2019
14	1:18.33	Kate	Mugleston	Caradon SC	2020
15	1:18.14	Maddie- rose	Walker	Penzance SA	2019
16+	1:16.66	Hannah	Reid	Carn Brea & Helston SC	2018

## Female 200m Breaststroke

10/11	3:23.95	Ruby	Griffiths	Caradon Swimming Club	2017
12	3:00.10	Emma	Nettleton	Newquay Cormorants SC	2016
13	2:48.80	Amelia	Durant	Carn Brea & Helston SC	2019
14	2:40.81	Amelia	Durant	Carn Brea and Helston SC	2020
15	2:53.38	Isabelle	Leigh	Truro City SC	2019
16+	2:49.13	Megan	Vingoe	Carn Brea & Helston SC	2018

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**Female 50m Butterfly**

10/11	34.99	Lily	Johns	Caradon SC	2020
12	32.04	Emma	Nettleton	Newquay Cormorants SC	2016
13	31.39	Emma	Nettleton	Newquay Cormorants SC	2017
14	29.79	Jemima	Grigg	Newquay Cormorants SC	2016
15	28.99	Oriana	Noel	Carn Brea & Helston SC	2019
16+	29.51	Sara	Mazzeo	Carn Brea & Helston SC	2017

**Female 100m Butterfly**

10/11	1:23.47	Teyah	Rickwood	Newquay Cormorants SC	2019
12	1:11.48	Oriana	Noel	Carn Brea & Helston SC	2016
13	1:11.57	Darcey	Laurence	Carn Brea and Helston SC	2020
14	1:07.34	Jemima	Grigg	Newquay Cormorants SC	2016
15	1:04.70	Oriana	Noel	Carn Brea & Helston SC	2019
16+	1:04.66	Madison	Kemp	Caradon SC	2020

**Female 200m Butterfly**

10/11	3:02.25	Ruby	Griffiths	Caradon Swimming Club	2017
12	2:42.98	Oriana	Noel	Carn Brea & Helston SC	2016
13	2:45.74	Jocelyn	Couch	Newquay Cormorants SC	2016
14	2:30.81	Jemima	Grigg	Newquay Cormorants SC	2016
15	2:21.88	Oriana	Noel	Carn Brea & Helston SC	2019
16+	2:26.69	Sara	Mazzeo	Carn Brea & Helston SC	2017

**Female 50m Freestyle**

10/11	32.16	Chloe	Stone	Carn Brea and Helston SC	2020
12	28.42	Emma	Nettleton	Newquay Cormorants SC	2016
13	28.23	Emma	Nettleton	Newquay Cormorants SC	2017
14	27.55	Jemima	Grigg	Newquay Cormorants SC	2016
15	27.52	Oriana	Noel	Carn Brea & Helston SC	2019
16+	27.15	Courtney-Lee	Reid	St Austell ASC	2016

**Female 100m Freestyle**

10/11	1:09.81	Chloe	Stone	Carn Brea and Helston SC	2020
12	1:03.52	Emma	Nettleton	Newquay Cormorants SC	2016
13	1:01.16	Emma	Nettleton	Newquay Cormorants SC	2017
14	1:00.34	Jemima	Grigg	Newquay Cormorants SC	2016
15	1:00.95	Beth	Lines	Newquay Cormorants SC	2019
16+	59.31	Courtney-Lee	Reid	St Austell ASC	2016

**Female 200m Freestyle**

10/11	2:34.58	Chloe	Stone	Carn Brea and Helston SC	2020
12	2:18.80	Emma	Nettleton	Newquay Cormorants SC	2016
13	2:13.30	Betsy	Peters	St Ives Bay SC	2016
14	2:10.91	Jemima	Grigg	Newquay Cormorants SC	2016
15	2:11.14	Isabelle	Leigh	Truro City SC	2019
16+	2:10.12	Megan	Vingoe	Carn Brea and Helston SC	2020

**Female 400m Freestyle**

10/11	5:24.87	Ruby	Griffiths	Caradon Swimming Club	2017
12	4:54.19	Emma	Nettleton	Newquay Cormorants SC	2016
13	4:38.76	Betsy	Peters	St Ives Bay SC	2016
14	4:36.32	Megan	Vingoe	Carn Brea & Helston SC	2016
15	4:33.27	Megan	Vingoe	Carn Brea & Helston SC	2017
16+	4:31.39	Megan	Vingoe	Carn Brea and Helston SC	2020

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**Female 1500m Freestyle**

11/12	20:23.56	Darcey	Laurence	Carn Brea & Helston SC	2019
13	18:54.39	Evangeline	Belt	Carn Brea & Helston SC	2019
14	18:28.49	Evangeline	Belt	Carn Brea and Helston SC	2020
15	18:16.00	Beth	Lines	Newquay Cormorants SC	2019
16+	17:47.51	Megan	Vingoe	Carn Brea & Helston SC	2019

**Female 800m Freestyle**

11/12	10:30.18	Evangeline	Belt	Carn Brea & Helston SC	2018
13	9:46.19	Betsy	Peters	St Ives Bay SC	2016
14	9:19.19	Megan	Vingoe	Carn Brea & Helston SC	2016
15	9:16.55	Megan	Vingoe	Carn Brea & Helston SC	2017
16+	9:14.96	Megan	Vingoe	Carn Brea & Helston SC	2018

**Female 100m Individual Medley**

10/11	1:21.66	Chloe	Stone	Carn Brea and Helston SC	2020
12	1:12.66	Emma	Nettleton	Newquay Cormorants SC	2016
13	1:07.65	Emma	Nettleton	Newquay Cormorants SC	2017
14	1:08.31	Jemima	Grigg	Newquay Cormorants SC	2016
15	1:08.71	Jemima	Grigg	Newquay Cormorants SC	2017
16+	1:07.39	isabelle	Leigh	tr1swim	2020

**Female 200m Individual Medley**

10/11	2:56.82	Ruby	Griffiths	Caradon Swimming Club	2017
12	2:37.40	Emma	Nettleton	Newquay Cormorants SC	2016
13	2:32.89	Emma	Nettleton	Newquay Cormorants SC	2017
14	2:27.59	Jemima	Grigg	Newquay Cormorants SC	2016
15	2:25.07	Megan	Vingoe	Carn Brea & Helston SC	2017
16+	2:24.22	Megan	Vingoe	Carn Brea & Helston SC	2018

**Female 400m Individual Medley**

11/12	5:35.88	Emma	Nettleton	Newquay Cormorants SC	2016
13	5:32.39	Evangeline	Belt	Carn Brea & Helston SC	2019
14	5:17.89	Megan	Vingoe	Carn Brea & Helston SC	2016
15	5:06.91	Megan	Vingoe	Carn Brea & Helston SC	2017
16+	5:07.70	Megan	Vingoe	Carn Brea & Helston SC	2018

**Male 50m Backstroke**

10/11	34.74	Toby	Stoddard	Truro City SC	2020
12	33.53	Dmitri	Maddern	Penzance SA and WPC	2020
13	31.59	Oliver	Waller	St Austell ASC	2018
14	29.73	Olliver	Waller	North Cornwall Dragons	2019
15	28.82	Charlie	Varker	St Austell ASC	2018
16+	26.04	Edward	Gilbertson	Caradon Swimming Club	2016

**Male 100m Backstroke**

10/11	1:16.53	Toby	Stoddard	Truro City SC	2020
12	1:12.51	Dmitri	Maddern	Penzance SA and WPC	2020
13	1:09.32	Elliot	Stoddard	Truro City SC	2020
14	1:03.11	Olliver	Waller	North Cornwall Dragons	2019
15	1:02.10	Charlie	Varker	St Austell ASC	2018
16+	57.21	Edward	Gilbertson	Caradon Swimming Club	2016

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**Male 200m Backstroke**

10/11	2:43.55	Toby	Stoddard	Truro City SC	2020
12	2:38.52	Dmitri	Maddern	Penzance SA and WPC	2020
13	2:28.73	Elliot	Stoddard	Truro City SC	2020
14	2:19.75	Olliver	Waller	North Cornwall Dragons	2019
15	2:18.41	Aeden	McNamara	St Ives Bay SC	2016
16+	2:06.18	Oliver	Jarvis	North Cornwall Dragons	2016

**Male 50m Breaststroke**

10/11	42.01	Harry	Polkinghorne	Truro City SC	2016
12	38.70	Harry	Polkinghorne	Truro City SC	2017
13	34.67	Tristan	Bowen	North Cornwall Dragons	2019
14	33.15	Tristan	Bowen	Newquay Cormorants SC	2020
15	32.72	Michael	Pond	Truro City Swim Club	2018
16+	29.88	Adam	Matthews	Truro City SC	2019

**Male 100m Breaststroke**

10/11	1:29.39	Harry	Polkinghorne	Truro City SC	2016
12	1:22.70	Harry	Polkinghorne	Truro City SC	2017
13	1:17.27	Tristan	Bowen	North Cornwall Dragons	2019
14	1:14.75	Tristan	Bowen	Newquay Cormorants SC	2020
15	1:11.72	Zachary	Broomfield	St Ives Bay SC	2016
16+	1:07.28	Samuel	Norton	Truro City SC	2019

**Male 200m Breaststroke**

10/11	3:03.84	Harry	Polkinghorne	Truro City SC	2016
12	2:57.05	Harry	Polkinghorne	Truro City SC	2017
13	2:46.54	Harry	Polkinghorne	Truro City Swim Club	2018
14	2:38.46	Tristan	Bowen	Newquay Cormorants SC	2020
15	2:36.60	Zachary	Broomfield	St Ives Bay SC	2016
16+	2:29.27	George	Spencer	North Cornwall Dragons	2018

**Male 50m Butterfly**

10/11	35.29	Ethan	Matthews	St Ives Bay SC	2019
12	33.46	Harry	Polkinghorne	Truro City SC	2017
13	30.17	Oliver	Waller	St Austell ASC	2018
14	27.85	Olliver	Waller	North Cornwall Dragons	2019
15	27.13	Oliver	Waller	tr1swim	2020
16+	25.72	Edward	Gilbertson	Caradon Swimming Club	2016

**Male 100m Butterfly**

10/11	1:19.55	Ethan	Matthews	St Ives Bay SC	2019
12	1:14.21	Timothy	Jones	Newquay Cormorants SC	2020
13	1:07.26	Oliver	Waller	St Austell ASC	2018
14	1:00.64	Olliver	Waller	North Cornwall Dragons	2019
15	1:00.50	Oliver	Waller	tr1swim	2020
16+	57.76	Oliver	Jarvis	North Cornwall Dragons	2016

**Male 200m Butterfly**

10/11	3:06.12	Ethan	Matthews	St Ives Bay SC	2019
12	2:46.30	Timothy	Jones	Newquay Cormorants SC	2020
13	2:41.31	Oliver	Waller	St Austell ASC	2018
14	2:23.89	Olliver	Waller	North Cornwall Dragons	2019
15	2:17.65	Shay	Brent	North Cornwall Dragons	2019
16+	2:16.41	Angus	Jarvis	North Cornwall Dragons	2016

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**Male 50m Freestyle**

10/11	31.65	Toby	Stoddard	Truro City SC	2020
12	30.04	Elliot	Stoddard	Truro City SC	2019
13	27.54	Oliver	Waller	St Austell ASC	2018
14	26.31	Olliver	Waller	North Cornwall Dragons	2019
15	25.53	Charlie	Varker	St Austell ASC	2018
16+	24.05	Adam	Matthews	Truro City SC	2019

**Male 100m Freestyle**

10/11	1:09.01	Harry	Polkinghorne	Truro City SC	2016
12	1:04.43	Harry	Polkinghorne	Truro City SC	2017
13	59.91	Elliot	Stoddard	Truro City SC	2020
14	57.12	Charlie	Varker	St Austell ASC	2017
15	55.07	Charlie	Varker	St Austell ASC	2018
16+	52.61	Thomas	Taylor	North Cornwall Dragons	2020

**Male 200m Freestyle**

10/11	2:27.68	Harry	Polkinghorne	Truro City SC	2016
12	2:21.86	Harry	Polkinghorne	Truro City SC	2017
13	2:13.19	Harry	Polkinghorne	Truro City Swim Club	2018
14	2:07.24	Olliver	Waller	North Cornwall Dragons	2019
15	2:02.89	Thomas	Trebilcock	Truro City Swim Club	2018
16+	1:55.89	Oliver	Jarvis	North Cornwall Dragons	2016

**Male 400m Freestyle**

10/11	5:09.78	Harry	Polkinghorne	Truro City SC	2016
12	4:47.80	Harry	Polkinghorne	Truro City SC	2017
13	4:32.52	Harry	Polkinghorne	Truro City Swim Club	2018
14	4:29.65	Harry	Polkinghorne	Truro City SC	2019
15	4:20.00	Thomas	Trebilcock	Truro City Swim Club	2018
16+	4:04.53	Thomas	Trebilcock	Truro City SC	2020

**Male 1500m Freestyle**

11/12	19:06.09	Harry	Polkinghorne	Truro City SC	2017
13	17:37.20	Harry	Polkinghorne	Truro City Swim Club	2018
14	17:46.32	Harry	Polkinghorne	Truro City SC	2019
15	16:45.30	Thomas	Trebilcock	Truro City Swim Club	2018
16+	16:03.63	Oliver	Jarvis	North Cornwall Dragons	2016

**Male 800m Freestyle**

11/12	10:42.29	Thomas	Belt	Carn Brea and Helston SC	2020
13	10:20.22	Joshua	Eyre	Newquay Cormorants SC	2019
14	9:08.43	Harry	Polkinghorne	Truro City SC	2019
15	9:03.24	Harry	Polkinghorne	Truro City SC	2020
16+	8:27.82	Thomas	Trebilcock	Truro City SC	2020

**Male 100m Individual Medley**

10/11	1:19.83	Toby	Stoddard	Truro City SC	2020
12	1:14.22	Harry	Polkinghorne	Truro City SC	2017
13	1:10.37	Elliot	Stoddard	Truro City SC	2020
14	1:06.35	Olliver	Waller	North Cornwall Dragons	2019
15	1:04.05	Zachary	Broomfield	St Ives Bay SC	2016
16+	1:00.66	Charlie	Varker	tr1swim	2020

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**Male 200m Individual Medley**

10/11	2:49.14	Harry	Polkinghorne	Truro City SC	2016
12	2:37.10	Harry	Polkinghorne	Truro City SC	2017
13	2:32.97	Harry	Polkinghorne	Truro City Swim Club	2018
14	2:24.53	Olliver	Waller	North Cornwall Dragons	2019
15	2:21.80	Zachary	Broomfield	St Ives Bay SC	2016
16+	2:15.70	George	Spencer	North Cornwall Dragons	2018

**Male 400m Individual Medley**

11/12	5:36.56	Harry	Polkinghorne	Truro City SC	2017
13	5:16.28	Harry	Polkinghorne	Truro City Swim Club	2018
14	5:07.37	Harry	Polkinghorne	Truro City SC	2019
15	5:01.85	Harry	Polkinghorne	Truro City SC	2020
16+	4:35.56	Oliver	Jarvis	North Cornwall Dragons	2016

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