

2018 Cornwall County Teams

Staff

Team managers & Coaches:

- Emma Reid & TBD
- Oliver Jarvis & TBD

Selection process

Data:

The swimmers PB's have been taken directly from www.britishswimming.org and are up to date. Both short and long course times have been taken with the long course times being converted before put into the selection. The top 6 swimmers from Cornwall in each age group from 12-17 have been pulled and then the top 2/4 of the joint age groups have been selected (12-13, 14-15, 16-17) from each stroke to partake in the training.

Selection of squad & team:

The County squad will be made up of the top four 50 metre Freestyle swimmers and then the top two of the other disciplines and the top two 100 metre swimmers of each discipline (except individual medley). The squad will be invited to the three training sessions prior to the competition and from there the County team will be selected from the top 50 metre swimmer of each discipline and the top 100 metre swimmer of each discipline plus any extras needed to make up the relays. It is important to note that entry to the County team will only be open to those who turned up to at least 2/3 of the squad sessions, unless they have overlapping competitions such as nationals. The coaches and team managers will have the final say on who will be going to the competition as safeguarding, training ethics, commitment and race orders need to be taken into account.

Breakdown:

- Swimmers will be selected from ranking data from the Swim England National Rankings and achieved between specified dates as stipulated by the Competition.
- Swimmers will be selected to create the fastest team possible and may be selected for a relay only where appropriate.
- Selections are subject to verification and appraisal of current form at time of selection, according to the level of swimming activity and deemed competition fitness. If there is any doubt as to the fitness of a swimmer, Cornwall County ASA has the right to exclude that swimmer from the team regardless of ranked time.
- Selected swimmers are expected to travel as a team to the competition venue unless on medical grounds.
- Swimmers, coaches and team managers are expected to abide by the ASA Code of Conduct at all times.

Dates & locations

Training:

1. Friday the 3rd of August 17:00 - 18:30 at Bodmin
2. Friday the 10th of August 19:00 - 21:00 at Penzance
3. Sunday the 2nd of September 15:00 - 17:00 at Bodmin

Competition:

The Inter-county teams competition takes place on 07/10/18 (Sunday) but the selected swimmers will travel up via coach the day before (Saturday) and aim to get back on Sunday evening/early Monday morning.