

The Development of Talent

Swim England National Talent Team 2018 - 2019

England Talent aim to influence:

- The 'Daily Training Environment'

LTS, Clubs, Performance Centres and National Training Centres

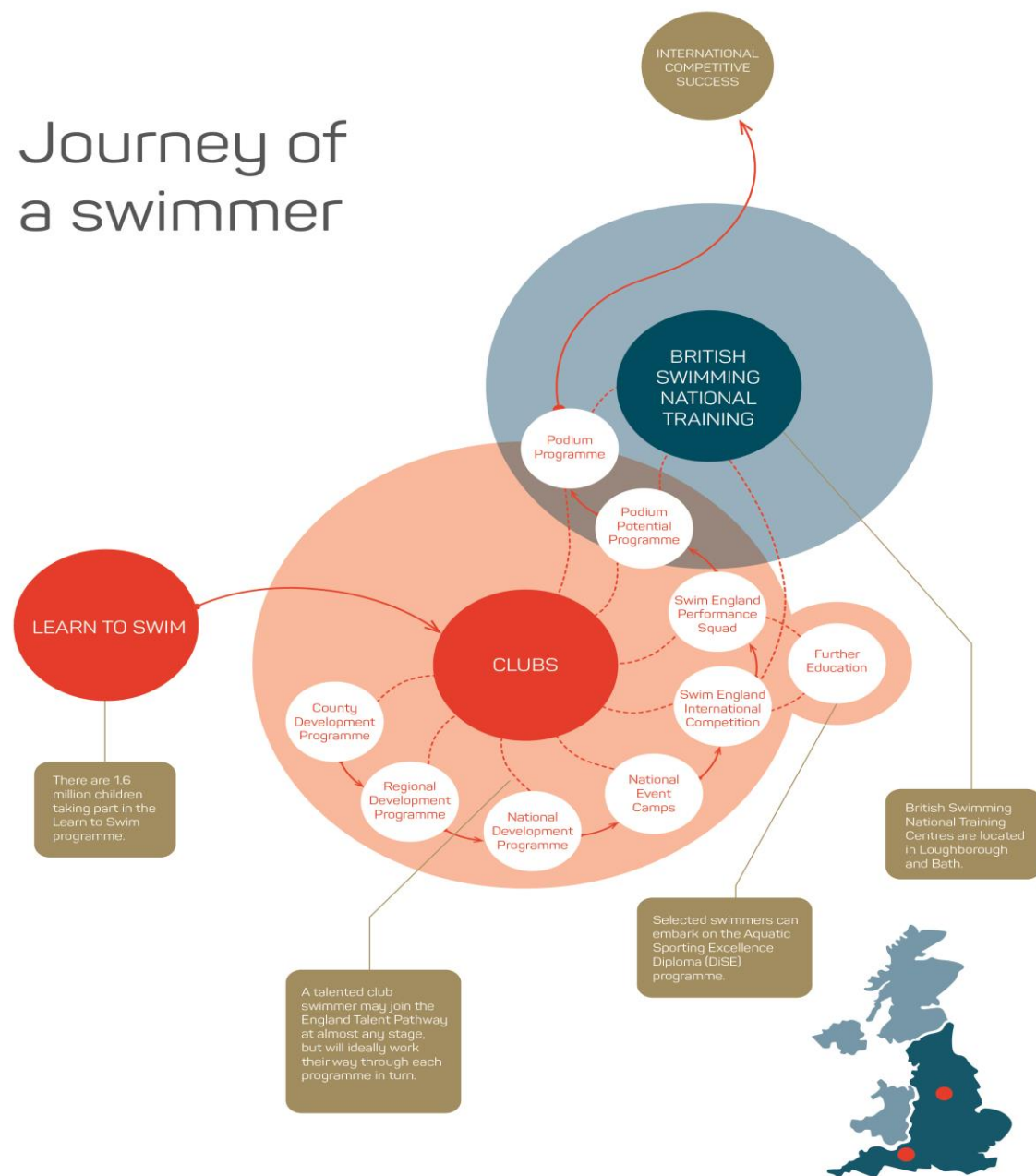
- The 'Domestic Competition Programme'

Calendar planning (Championships, Open Meets, other Competitions organised by Key Partners)

- The 'Development Programme Pathway'

Provides enhanced support to the swimmers and the team behind the swimmers

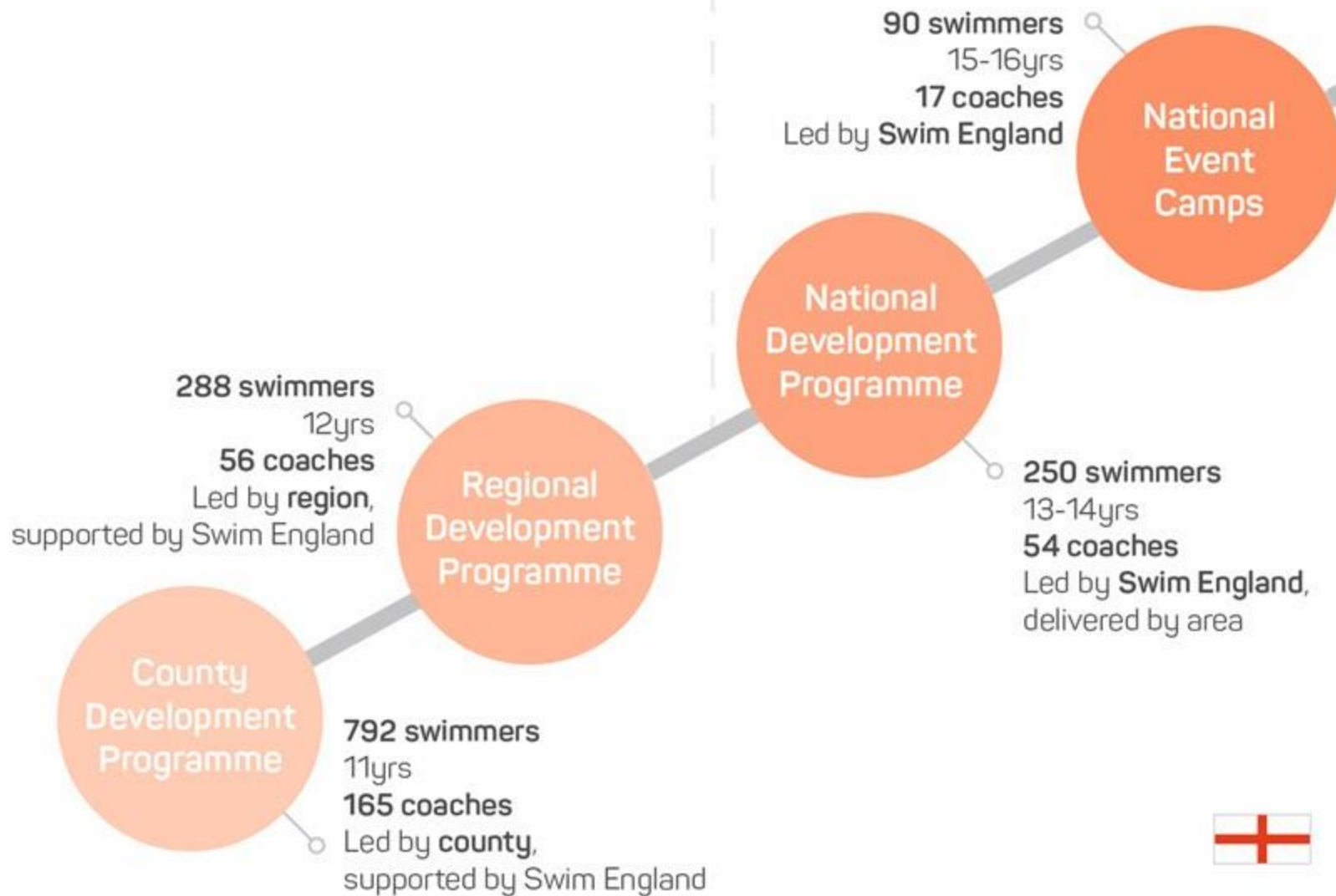
Journey of a swimmer



The Development Programme Pathway

Programme Philosophy





SWIMMERS COME FROM ENGLAND



SWIMMERS COME FROM ENGLAND

20 swimmers
22yrs and under
4 coaches
Led by **Swim England**

**Swim England
Performance
Squad**

**International
Competition**

40 swimmers
18yrs and under
6 coaches
Led by **Swim England**



Up to 24 swimmers
15yrs+
Led by **British Swimming**

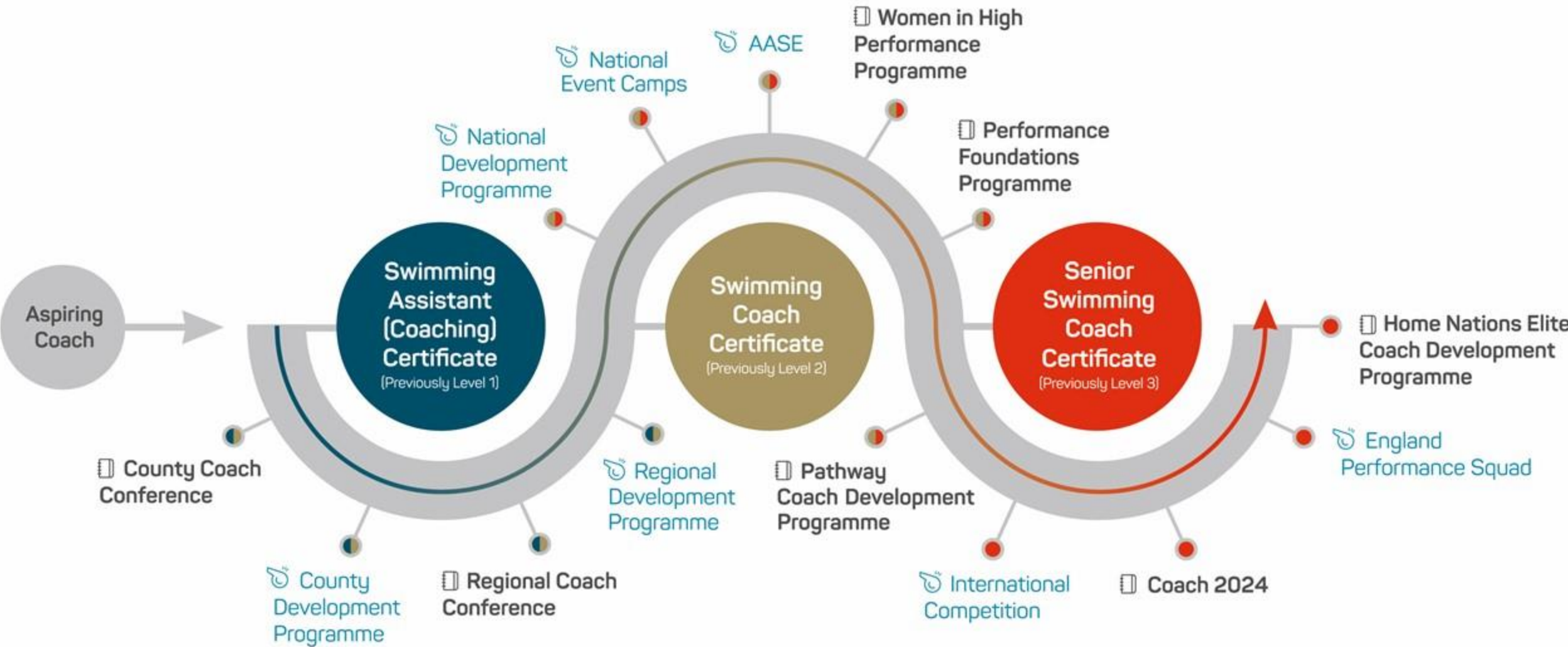
**Podium
Programme**

**Podium
Potential
Programme**

Up to 30 swimmers
15yrs+
Led by **British Swimming**



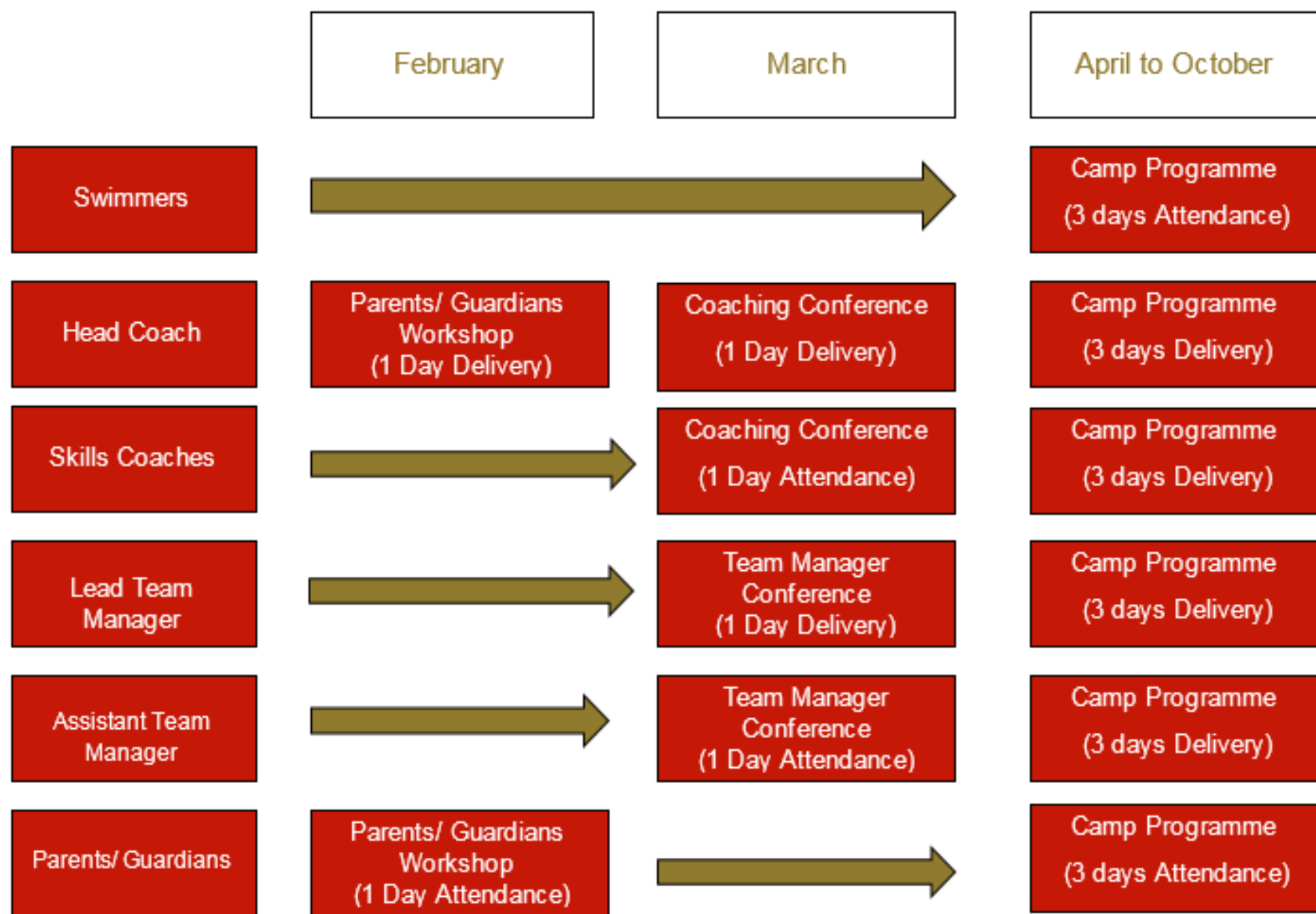
SWIMMERS COME FROM BRITAIN



County Development Programme

Programme Overview

- £2000 to £3000 budget (dependent on the need to engage external practitioners)
- County Guidance document – step by step guide advising how the programme should be organised and managed
- Support with training from the National Talent Team to the three key roles:
 - Head Coach webex and training day (January 2019)
 - Programme Lead webex (January 2019)
 - Lead Team Manager webex (January 2019)
- All delivery resources written by National Talent and their associated consultant SSSM practitioners



County Parents/ Guardians Workshop

- Delivered by the County Programme Head Coach during the County Championships in January/ February, ideally during lunch/ afternoon warm – up
- 60 minutes: 45 minute delivery, 15 minutes Q and A. Presentation written by England Talent (ET) team
- Webex for County Head Coaches will take place in early January, delivered by ET team, recorded for those unable to attend
- Invite all parents/ guardians of 11 year olds and any 12, 13 and 14 year olds (age as at 31st December 2018) that are attending the County Championships for the first time. Please do not invite any parents/ guardians of 10 year old swimmers or swimmers aged 15 years and over

County Conferences

- Held once a year in March – aimed at Level 1 Coaches and Team Managers who have passed Module 1 – double strand with soft skills delivered to all
- Held and managed regionally – no need for 33 conferences!
- All camp programme staff must attend but not charged to attend
- Regions may request funding support from County Swimming Associations – offset free places

County Camp Programme

- Staff and swimmers must be available to attend all three days (24 – 36 swimmers)
- Coaches to keep the same swimmers throughout the programme (4 – 6 skills coaches)
- Assistant Team manager (1)
- Camp coaches to contact home coaches pre and post each camp
- Possibility to engage with SSSM practitioners for delivery of **nutrition workshop, lifestyle management workshop** and **dry land training**

Camp Observers



- Camps advertised as a learning opportunity for coaches/ team managers/ SSSM staff
- Need to market these days to the ***entire workforce***
- Conference feedback – limited practical time – this is the environment for observing the practical elements of role delivery – avoids need to duplicate

Regional 12 year old Camps 2017 Coach Development Opportunities

Saturday 8th July, ACS School, Cobham, Surrey

Saturday 2nd September, ACS School, Cobham, Surrey

Sunday 3rd December, K2 Leisure Centre, Crawley

We are pleased to invite coaches from around the region to attend these camps to listen to the workshops and to observe the practical sessions. If you would like to attend please complete the form below to confirm your attendance. We can offer morning, afternoon or all day depending on your subject interest. Timetables can be found below.

Name:		Club:	
E-mail Address:		Contact number:	
Camp 1 Morning 9.30am - 12.45		Afternoon 1.15 – 4.30pm	
Camp 2 Morning 9.30am – 12.45		Afternoon 1.15 – 4.30pm	
Camp 3 Morning 9.30am – 1.00		Afternoon 1.30 – 4.45pm	
Please select all sessions that you would like to attend.			

To book your place please e-mail this form to
Kristie.jarrett@southeastswimming.org /07725201601

Initial Actions (Pre 2019)

Agree budget

County to appoint Programme Lead for 2019

County to appoint Head Coach for 2019

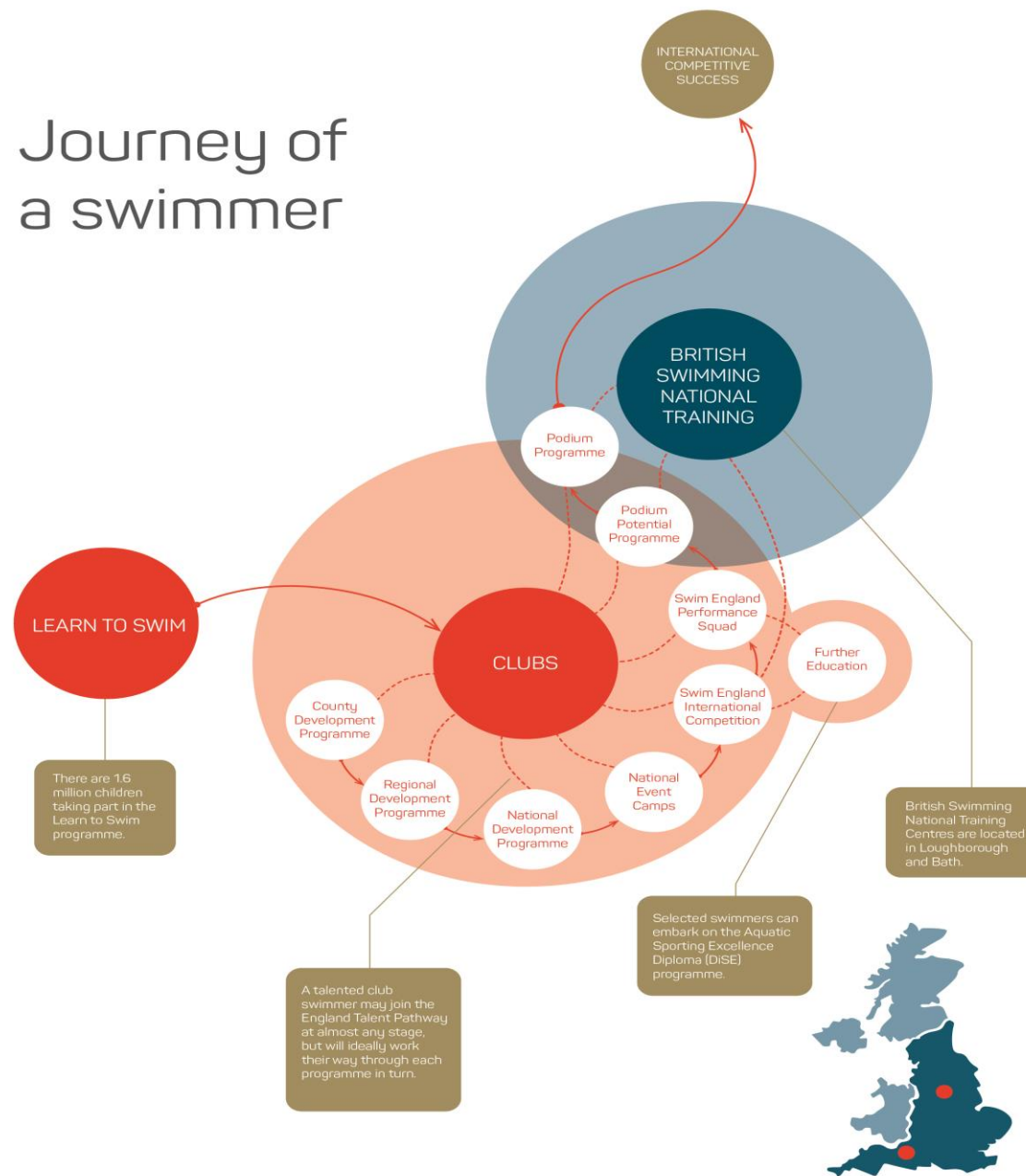
County to appoint Lead Team Manager for 2019

County to set dates and book facilities for 2019 (Parents Workshop and Camps)

Regional/ National Talent Officers to set County Conference dates for March 2019

The Daily Training Environment Pathway

Journey of a swimmer



The Daily Training Environment Pathway

Different levels of clubs are all important to the overall 'system'

Not all clubs can (or need to!) offer 'performance' swimming (Junior) – *up to 16 hours per week for swimmers up to the age of 18 years (pre university)*

Keen to establish one such programme within an hour of every young swimmer in England ...

Currently no programmes offering this in Cornwall and subsequently no full time Head Coaches? Is this correct?

Key Challenges

Low population spread across a large geographical area!

Low pool stock where population is more dense (Truro?) versus high pool stock where club membership numbers are lower?

Clubs operating in relatively close proximity, neither with the required level of water time or with a full time head coach as not viable/ necessary?

Can there be a 'strategic' conversation around 'networks' to encourage clubs to work together in the best interests of the swimmer's development?

Any Questions?

