

## KERNOW DIDDY LEAGUE - 2019 conditions

1. League is open to all clubs in the county, for swimmers age 8 - 12 only.
2. **The aim of the League is to provide practice for developing swimmers for the Junior Inter Club Gala. It is designated as a low level meet, and is for swimmers to gain competitive experience within a team environment. It is not aimed at experienced swimmers.** Swimmers who have reached their 8<sup>th</sup> birthday may compete as 9 & Under.
3. No swimmer with a regional (or higher) qualifying/consideration time from the previous season or with a regional (or higher) time achieved before the date of the first round may compete in any event in any round of the gala.
4. The gala is aimed at non Arena League swimmers. Any swimmer who competes in the Arena League on a Saturday may not swim in the Kernow Diddy League on the following Sunday, except in order to make up a team or individual race. In this case, the swimmer must be declared and no points will be awarded to the team for that race. The only swimmers who may not compete are those with Regional Qualifying times as defined in #3.
5. Carn Brea & Helston SC will promote the competition, so that Cat 1 swimmers may be included, and will host and run the third and final round at Carn Brea Leisure Centre.
6. The cost of entry to the league is £40 per team for all three rounds. The money will be used to supplement the extra cost of pool hire where the host club needs to book extra time over and above their training time. Any club willing to donate their regular training time to host a round (1 or 2), and is able to hire extra time at their pool, should state this when they apply and also when they send their entry fee.
7. For 2019, the first 6 clubs that pay and commit to compete, and submit a named official and timekeeper who will act for their club, will be guaranteed a place in the league. If there are 9 or more clubs who apply, we will try to arrange two galas for each round. Cheques should be made payable to CBHSC, (and sent to Dana Exell: 36, West End, Redruth TR15 2SA) or payment may be made by bank transfer, (Barclays Bank, Sort Code 20-87-94 and Account Number 60898813). E-mail confirmation of posted entry / bank transfer should also be made to Caroline Trestrail: [caroline.trestrail@gmail.com](mailto:caroline.trestrail@gmail.com).
8. Two smaller clubs may combine to make a single team if numbers are not sufficient to put in a team. Eg Launceston & Camelford.
9. If space is available, it may be possible to consider a club submitting a B team.
10. The host club will be able to run a raffle and also collect proceeds from the sale of programmes. They will also receive £80 towards pool hire (See #6 above).
11. Dates to be on the Sundays (Oct 13<sup>th</sup>, Nov 10<sup>th</sup> and Dec 8<sup>th</sup> for 2019) following the Arena League on the Saturday.
12. Age of swimmers to be the age on the day of the final round (8<sup>th</sup> December for 2019). In line with national conditions for low level meets, swimmers aged 8 may enter, but must have had their 8<sup>th</sup> birthday by the date of the swim.
13. Swimmers may swim in a maximum of 2 individual events in their own age group and a maximum of 2 individual events in any higher age group. There is no restriction in the number of relays that a swimmer may swim in.
14. Each club is to provide its own time keeper and one official, or they may ask another club for help if they cannot produce an official. Any Club failing to provide their two officials will earn 10 penalty points per official, to be subtracted from their gala points for that gala.
15. Starters, referees and place judges to officiate at each round.
16.
  - a. In the case of 6 or less clubs wishing to take part, venues will be as stated in #5.
  - b. In the case of 7 or 8 clubs wishing to take part, the first 6 clubs to pay will be guaranteed a place for 2019.
  - c. In the case of 9 or more clubs, we will try to arrange two galas for rounds 1 and 2.
  - d. Round 2 – lanes to be spearheaded according to league positions after round 1.
  - e. Round 3 – in the event of more than 6 clubs, the final gala should be a finals gala for everyone, swum with 2 heats. Lanes to be decided on league positions after rounds 1 and 2.
  - f. Points to be 6, 5, 4, 3, 2, 1 for 6 teams both for race and for league points awarded after each gala. In the event of two teams on equal league points, position is to be determined by total gala points. Details for scoring, if different for 2019, will be circulated when the numbers are known.
17. A shield has been provided as a perpetual trophy for the winning team in the league, and a cup to be provided for the winning team in 2019. The winners of the shield from 2018 should ensure that it has been engraved and cleaned, and have it ready for presentation in the final gala.
18. Team lists with swimmers' full names, including the order in which relays will be swum must be handed in to the recorders before the start of warm up. In the case of urgent changes, eg due to a sick child, these should be reported to the recorders and referee as soon as possible, and before the start of the event involving the change.

*Any amendments required to ensure the smooth running of the league may be made by the promotor. Such changes will be announced to participating clubs as necessary.*

## KERNOW DIDDY LEAGUE – Programme

Event number	Sex	Age	Event	details
1	Girls	9/U, 10, 11, & 12 & Under	4 x 50m Freestyle Cannon Relay	1 girl from each age group swum in any order
2	Boys	9/U, 10, 11, & 12 & Under	4 x 50m Freestyle Cannon Relay	1 boy from each age group swum in any order
3	Girls	9 & Under	4 x 50m Freestyle Relay	
4	Boys	9 & Under	4 x 50m Freestyle Relay	
5	Girls	10 & Under	4 x 50m Medley Relay	
6	Boys	10 & Under	4 x 50m Medley Relay	
7	Girls	11 & Under	4 x 50m Freestyle Relay	
8	Boys	11 & Under	4 x 50m Freestyle Relay	
9	Girls	12 & Under	4 x 50m Medley Relay	
10	Boys	12 & Under	4 x 50m Medley Relay	
11	Girls	9 & Under	50m Freestyle	
12	Boys	9 & Under	50m Freestyle	
13	Girls	10 & Under	50m Breaststroke	
14	Boys	10 & Under	50m Breaststroke	
15	Girls	11 & Under	50m Butterfly	
16	Boys	11 & Under	50m Butterfly	
17	Girls	12 & Under	50m Backstroke	
18	Boys	12 & Under	50m Backstroke	
19	Girls	9 & Under	50m Breaststroke	
20	Boys	9 & Under	50m Breaststroke	
21	Girls	10 & Under	50m Freestyle	
22	Boys	10 & Under	50m Freestyle	
23	Girls	11 & Under	50m Backstroke	
24	Boys	11 & Under	50m Backstroke	
25	Girls	12 & Under	50m Butterfly	
26	Boys	12 & Under	50m Butterfly	
27	Girls	9 & Under	50m Backstroke	

28	Boys	9 & Under	50m Backstroke	
29	Girls	10 & Under	50m Butterfly	
30	Boys	10 & Under	50m Butterfly	
31	Girls	11 & Under	50m Freestyle	
32	Boys	11 & Under	50m Freestyle	
33	Girls	12 & Under	50m Breaststroke	
34	Boys	12 & Under	50m Breaststroke	
35	Girls	9 & Under	50m Butterfly	
36	Boys	9 & Under	50m Butterfly	
37	Girls	10 & Under	50m Backstroke	
38	Boys	10 & Under	50m Backstroke	
39	Girls	11 & Under	50m Breaststroke	
40	Boys	11 & Under	50m Breaststroke	
41	Girls	12 & Under	50m Freestyle	
42	Boys	12 & Under	50m Freestyle	
43	Girls	9 & Under	4 x 50m Medley Relay	
44	Boys	9 & Under	4 x 50m Medley Relay	
45	Girls	10 & Under	4 x 50m Freestyle Relay	
46	Boys	10 & Under	4 x 50m Freestyle Relay	
47	Girls	11 & Under	4 x 50m Medley Relay	
48	Boys	11 & Under	4 x 50m Medley Relay	
49	Girls	12 & Under	4 x 50m Freestyle Relay	
50	Boys	12 & Under	4 x 50m Freestyle Relay	
51	Mixed	9/U, 10, 11, & 12 & Under	8 x 50m Freestyle Cannon Relay	1 girl and 1 boy from each age group swum in any order