



TOURNAMENT GOLF COLLEGE

2023

Studying in Portugal - Tournament Golf College



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Tournament Golf College

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1 Introduction

Our time in Portugal is one of the most exciting and anticipated periods by most students, this document outlines what is expected of students while studying in Portugal. This supplement should be read in conjunction with the programme's Student Handbook given to students during induction.

Students should consider this as a unique and privileged opportunity to immerse themselves in the development of both their academic studies and their golf performance. The timetable, resources and facilities have been arranged to enable students to maintain their academic studies allowing the education to continue and assessment to be completed.

The moderate winter climate makes Southern Europe the perfect venue to further develop your golfing abilities whilst the location places the golfer at the centre of professional golf with both qualifying schools and major amateur tournaments within a short distance.

Portuguese culture is unique, and students must take the opportunity to be ambassadors for the game. You are reminded that you must comply with the laws and customs of Portugal. Any criminal activity will be referred to the local police and cannot be managed by the college.

It is essential that students are familiar with the Foreign Office current advice that is available on their website with regard to Portugal - <https://www.gov.uk/foreign-travel-advice/portugal>. In particular it is important to understand that the UK is not part of the EU and entry, and travel restrictions are now in place which can require students to apply for a visa (particularly if they have or will exceed 90 days in 180 days in Europe). The college cannot apply for visas for UK citizens.

College responsibility starts and ends at Faro airport (unless specifically agreed otherwise in writing). It is the student's responsibility to get to Faro airport on the outward leg and from their destination airport to home on the return leg, you must arrive on the dates that you have agreed with the college staff.



2 Pre- Portugal Administration

Arrival in 2023 is Arrival Saturday 7th January or Sunday 8th January 2023

Departure is Thursday 23rd March or Friday 24th March 2023

2.1 Documentation

In order to facilitate the smooth running of the Portuguese element of the programme a number of documents are required for administrative purposes.

Reading this document please be aware of the currency changes as local purchases are in Euros whilst others are in sterling thus please double check when reading this document. All documentation must be completed, the majority is online by surveys you can complete on your phone, NB: If you fail to supply the documents by due dates it is extremely like that you will not be able to travel to Portugal with the college.

- *Completed the online questionnaires- all are on the front page of moodle*
 - Outbound Freight and cycles form (by 06/11/22)
 - Housing Preferences form (by 13/11/22)
 - Next of Kin (by 13/11/22)
 - Flight Arrivals form (by 11/12/22)
 - Insurance form (by 11/12/22)
 - Exercise Readiness Questionnaire (by 31/12/22)
- *Car Application form if you wish to bring a car.*

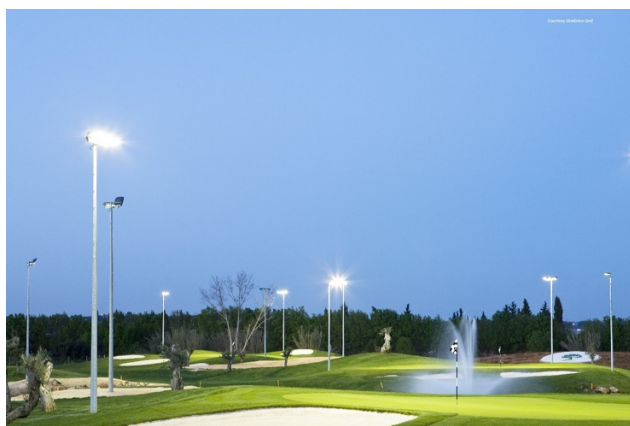
NB: You must complete each of these forms even if you do not wish to use the service.

2.2 Passport for non-EU passport holders

As the UK has left the EU the requirements for entry are the same as for any third country.

A valid passport issued at least 10 years before you plan to leave plus 3 months.

ie 24th March 2023 to leave issued AFTER 25th June 2013



3 Personal equipment

Students will be presentable and appropriately dressed at all times, both on and off the course, meeting the very high standards of the industry. All students must comply with the following equipment lists (clothes washing/ironing facilities are within the accommodation complex):

3.1 Clothing

- For formal dinners and matches, students are required to bring the following appropriate attire:
 - Gentlemen - a jacket, trousers, shirt and tie;
 - Ladies - a jacket, dress/skirt/trousers, and blouse.
- Golf Club etiquette is to be strictly adhered to whilst on the course or in the clubhouses. Attire should comprise a collared golf shirt, trousers or tailored shorts to the regulation length, and golf shoes.
- Students are required to bring waterproof golf clothing and umbrella for inclement weather.
- Fitness training attire is required comprising T Shirt, shorts, socks and running trainers.
- Swimming is optional (with a cost for entry) you will need close fitting swimming trunks (Speedos or the like) and a swimming cap.
- Outside of lessons students will be required to bring enough casual clothing for the duration of the stay. Only smart clothing is to be worn on the resort including practice and sports facilities.

3.2 Golf equipment

- Students are required to bring their golf clubs and a CARRY/STAND BAG.
- A packed lunch container and drinks bottle to fit inside your golf bag.
- Hat, sunglasses, lip balm, sun cream and wet weather gear.
- Golf balls, marker, pencils, tees, pitch repairer.
- Your golf equipment will be securely stored in the clubhouse, you can NOT have any golf equipment in your accommodation.

3.3 Personal medical equipment

- Students must bring any relevant personal medical equipment such as an inhaler, pain relief, and any other medicines required. Please note college staff are not permitted to dispense any medicines.
- Students are to inform the programme manager prior to attending the Portuguese trip of any medicines they plan to take or require during the Portuguese term.
- It is the responsibility of the student to ensure that any inoculations are up to date.
- Staff will assume you are well unless you tell them otherwise.

4 Travel

4.1 Air travel

Flights are the responsibility of the student. Students will need to check in to their airport no later than 2hrs prior to departure and be prepared to have their documentation checked by the airline staff. The student luggage is the sole responsibility of the student when travelling to and from the venue; and all students are reminded to check with their individual air carriers for details on baggage allowances (failure to do this is at your own risk and can be incredibly expensive).

4.2 Freight movement

The college provides a freight movement service that will be discussed at the student briefing before half-term. All items are taken from the college in the first week of December and delivered to Portugal ahead of the students arriving. On the return journey items are collected after the last competition and returned to the college in the second/third week of April for collection. The service can be used in either direction (or both) the cost each way is £15 for a 35-litre box, £30 for an 84-litre box, £45 for a golf trolley. In addition, you need to pay the import duties.

Items most commonly shipped are heavy, low value so include golf balls, batteries and electric trollies. You can NOT move any foodstuff on this service.

4.3 Student vehicle use

The College will provide transport to and from venues reasonably required to complete the programme. However, students may wish to use other vehicles and may be inclined to buy or hire them. If students choose to travel by their own means or hire a car, then the student is required to ensure that Portuguese driving criteria and regulations are met. In addition, any such travel is at the sole risk and expense of the student. Any liability for damage or personal injury will be the sole responsibility of the student and not the College. The accident rate (deaths per 100,000) on Portuguese Roads is significantly higher than the UK.

Students are advised to research the RAC and AA web pages for advice and guidance in regard to driving abroad. Car hire companies in Portugal typically charge an additional deposit and significantly raise the excess for drivers under 25 years old, for long term hire the full deposit is often charged to the credit card. You also need to note that the A22 is a toll road and airport trip will typically around €8.00s in tolls. Historically paying motorway tolls has been complex involving payment in Portuguese post offices between 3 and 5 days post travelling, queues at lunch time can be up to 1 hour. Hire companies have started to fit toll tags to cars and charge a significant daily premium. NB college staff CANNOT pay tolls for vehicles not hired by the college.

If you intend to bring a vehicle onto the resort (even for a few days) you MUST complete a vehicle authorisation form. That form contains details of your responsibilities and the action that the college will take if you don't adhere to the campus rules.

5 Accommodation

You will be accommodated on the Amendoeira Golf resort in Portugal. The accommodation comprises 2 good-sized bedrooms, of which one is en-suite and one has an adjacent bathroom, a living room opening out onto the private covered terrace and a fully fitted and equipped kitchen. Students will be expected to share rooms with another student of the same gender unless they have elected for a single room at extra cost. Due to the good choice of finishing's and smart lay-out, the apartment are bright and spacious and is optimized for both indoor and outdoor living. A maid service is in operation at least twice a week. Students are reminded that the maid service is for cleaning not tidying the apartments, doing the dishes or laundry, the college will be inspecting all apartments regularly. Apartments may be upgraded by the resort to an apartment with a roof terrace and mezzanine if the under this happens the college will allocate these apartments by student seniority and behaviour.



APARTMENT TYPE A

Construction Area: 107.85 m²
Terrace Area: 34.25 m²
Ground Floor



- | | | |
|--|--|--|
| 1 Entrance Hall (4.10 m ²) | 2 Hallway (2.35 m ²) | 3 Bathroom (5.10 m ²) |
| 4 Bedroom (14.35 m ²) | 5 Master Bedroom (15.10 m ²) | 6 En-suite Bathroom (5.60 m ²) |
| 7 Lounge/Dining Room (31.70 m ²) | 8 Kitchen (15.20 m ²) | 9 Terrace (22.50 m ²) |
| 10 Terrace (11.75 m ²) | | |



Features

- Heating and Air conditioning
- Alarm system
- Fitted wardrobes
- Covered barbeque area from living
- Communal gardens and pool
- Large fridges/Freezers
- Dishwasher
- Washing Machine.

Housekeeping will provide toilet rolls and towels but will NOT provide washing powder, washing liquid or other cleaning products.

5.1 Location address

Amendoeira Golf Resort,
Morgado da Lameira,
Alcantarilha,
8365-006 Alcantarilha
Portugal
General Telephone: **(+351) 282 320 800**
e-mail: **www.amendoeiraresort.com**

All students in an apartment will take an active part in the duties of cooking, shopping, washing and cleaning.

5.2 Upgrading

For an additional fee students can upgrade to single room occupancy. In the first instance your intention to do this must be sent to the Business Manager before returning after the half term of the autumn term. (tristan.lindsay@cornwall.ac.uk)

5.3 Visitors

Our contract with the resort is per student, you therefore can NOT have any overnight visitors to your apartments who are not enrolled TGC students without them checking in with the resort (and paying the relevant room rate). You are welcome to have day visitors but they cannot use the resort facilities for free (other than public areas), if they wish to play golf or use the range then please ask them to talk to reception in the club house.

5.4 Weekly inspection

The professional standards within golf are very high and the programme encourages this, not only in your professional and academic practice, but also in how you live and present yourself throughout the programme. Each week all student accommodation can be inspected by the staff to ensure the week's activities have been concluded in a satisfactory fashion. All the apartment students will be present during the inspections. Such inspections can be relaxed if the inspections are exemplary and after agreement with the TGC captains.

5.5 Damages and breakages policy

All students pay a returnable accommodation deposit to cover damages and repair, this is paid to the college at enrolment in September. We understand that things break and accidents happen, it is very much cheaper if students inform college staff immediately so that the student can purchase a replacement item rather than the resort purchase the item and recharge the college (this can double the cost on small items due to the resort staff time that is charged!). Students need to be aware that if damage is found by the maid services the resort will automatically replace damage items and make a charge. The college will simply deduct this cost from your deposit, you would need to talk directly to the resort if you feel this is incorrect.

The key message here, if you break something let us know so that it can be fixed before you get a big bill.

5.6 Emergency /maintenance call out procedure

The accommodation is part of a secure gated community and has its own security both during the day and out of hours. All cars visiting your accommodation must be logged with security prior to coming onto the site. A strict policy of adherence is required here – this is for your safety. All apartments have their own internal telephone system. In case of an emergency in the apartment, students should call the onsite security in the first instance and then any TGC staff member. Lost keys will not be considered an emergency (See the contacts list section 15)

5.7 Signing in/out procedure

Students are encouraged to explore the Portuguese culture in a mature fashion, but they will need to keep staff aware if you are offsite. If you are ever offsite for more than 4 hours you must pre-book this absence with the absence booking system.

5.7.1 Emergency contact details

Whilst in Portugal it is essential that you don't change your contact details unless you have told a member of staff. For example, if you break your mobile phone, let a member of staff know, we can help with a repair or lend you a temporary handset.



6 Discipline

All students will continue to comply with the college's code of conduct and discipline procedure (the full college procedure is available on the Cornwall College intranet or the TGC specific code of conduct on the TGC Moodle site). However, this does not supersede the local law and customs requirements.

6.1 Expectations

You will be representing yourself, the college and the university during the whole of the time in Portugal. The resort is 5 star and the guests on the resort are expected to behave accordingly, this applies to us as well. You therefore need to ensure that you maintain your apartment and the grounds around it correctly (consider perhaps that you should be able to show your parents or resort director around at any time).

6.2 Loss of college accommodation

The college reserves the right to withdraw college managed accommodation in certain cases of poor behaviour. In this case students will still be able to attend the course but not using college accommodation. It will be the responsibility of the student to arrange their own accommodation in this case. The college will NOT refund any fee or reduce any invoice for a student excluded from accommodation on the grounds of poor behaviour, damage or criminal activity.

7 Eating

Students are accommodated in self-catering apartments with fully fitted kitchens. All students will have the opportunity for some cooking training and menu preparation in Portugal. Students will be expected to purchase food collectively by apartment taking into account the individual tastes of their flatmates. In addition, students are required to provide their own packed lunches for the golf activities. During the first few days, students will be familiarised with the local supermarket and foods.

7.1 Fuelling for Performance

The timetable in Portugal allows for increased food intake, students are expected to eat to support their increased training. The rules for eating in the classroom apply in Portugal as they do in the UK so you will need to manage your food intake during classroom breaks.

7.2 Weekly shopping

There are a number of options for supermarkets within close locality; transport to supermarket is provided on a fixed bi-weekly basis usually around 1800hrs on two evenings per week dependant on tournaments. NB these shopping trips are to shop for food NOT recreational trips which are organised separately. You will be informed of the last bus time returning if you miss a return bus the college will NOT provide you with transport and you will need to make your own way back to the resort.

You will need to book onto the transport using the TGC app.

Food is available in the clubhouses and an average meal costing about €12-20

7.3 Cooking roster

All students are expected to share the joy of cooking within the apartment it is suggested that roster is to be produced that encompasses all of the duties. Smoke alarms are fitted in all of the kitchens and

once triggered cannot be turned off other than by a visit from the security team who will be in attendance.

7.4 Food safety

Students are reminded that poorly cooked food and food storage can causes illness or stomach upset. It is the responsibility of the student to ensure that all food is cooked correctly. Students are advised to look at the NHS living well site for basic guidance - <http://www.nhs.uk/Livewell/homehygiene/Pages/Foodhygiene.aspx>



8 Golf performance



The Amendoeira site has Chipping Areas, Short Game Range, Putting Greens, Bunker Practices, Grass based driving range, video room and swing studio. Students can expect to have use of these facilities both during and outside of curriculum lessons. In addition, students can expect to continue to use the existing movement analysis and radar tracking systems and Sams Putt Lab provided by the college. Student are expected to treat all facilities with the greatest respect as they would at their own golf club any student failing to meet the high TGC standards will automatically be barred from these facilities. Key areas in which students have got themselves into trouble in the past are:

- **Failing to check in**, if you fail to check in a golf reception this is consider a serious breach of student discipline. Please be aware on the second occasion you golf privileges will be immediately suspended by the resort not by TGC. There is NO appeal or excuse.
- Slow play (you must remain with the group in front and never exceed the standard playing time)
- Failure to repair pitch marks, this includes the practice areas.
- Bad language, shouting club throwing and other outbursts of anger.

NB: To access the practice facilities, you will need to sign in at golf reception, details will be given to you when you arrive in Portugal. You must ensure that you sign in every time that you use the practice facilities.

8.1 Courses

Students will mostly play after lunch taking advantage of the extended days or early morning tee times at weekends giving you the remainder of the day to complete college assignments. Many Tee times have been reserved ahead of time, but you can also book tee times on the day. The facilities include two championship courses and a nine hole flood lit par three course that we will use to assess short game performance.

8.1.1 Faldo Course

Par 72, Length 6598m, Slope 138, Architect Nick Faldo

Designed by Sir Nick Faldo with strategic play in mind this 6598m par 72 championship course demands careful positioning to score well.

"The land at Amendoeira is dramatic and the project has the potential to be a real talking point in the Algarve. With so many courses in the region, that's no mean feat," pointed out Nick Faldo, during his visit in 2007.

In a modern twist of a traditional recipe, cacti and wild herbs replace the role of Sunningdale's heather, spartan Holm oaks and ancient olive trees take the place of a lush English woodland, and desert scrub bunkers of crushed limestone replace Berkshire's sandy tracts in a golf course that revels in the classic principles of strategic play. Driving

8.1.2 O'Connor Jnr

Par 72, Length 6708m, Slope 137, Architect Christy O'Connor Jnr

Designed by Christy O'Connor Jnr., this course complements the neighbouring Oceanico Faldo Course and also takes full advantage of being situated in a fertile valley. Its various water features, both lakes and watercourses that are spread throughout the entire course, demand accuracy and test from all golfers, and the rich topsoil has been skillfully landscaped and planted with mature palm trees, affording a lush, ornamental setting like an extensive oasis.

This course has tees that are generally connected to the fairways, but its greater overall distance, the water hazards and big greens provide its challenge. Golfers must also be prepared to read the subtly contoured putting surfaces that are strong features.

8.2 Access to the course

Access to the course has been pre-booked and playing on the pre-booked tee times is compulsory. The golf club reserves the right to change or cancel play due to circumstances beyond their control. Therefore, students are asked to remain flexible and supportive of any short-term alterations to the programme. We may play offsite of this for specific tournaments/events such as the Portugal Professional Golf Tour. In addition, courtesy is available on the day providing there is room on the courses. Students are strongly advised to form a good relationship with the resort golf staff particularly starters, marshals and receptions staff. When the courses are busy it is amazing how a friend can find a tee time or gap between other groups!

8.3 Practice facilities

Practice balls are available for students to use on a daily basis as are the practice facilities at the club. Balls will be made available to you by the resort staff. You must book in to use the facilities.

8.4 Access to golf technology

The college will take Trackman, SAMs putt lab and the movement analysis systems to Portugal which will be available for student use upon request or as part of the programme of study. All students are encouraged to upload their swing data onto CoachNow for their coaches to access.

8.5 Fitness Training

All students will have access to the gym facilities and be timetabled for supported sessions. At present students can expect to be in the gym twice a week as part of the curriculum. The gym is available 09:00 to 18:00 for individual training. In addition, the resort has a 1KM running track, tennis and football all weather pitches that are available for student use. A paddle court is available at additional cost direct to the resort.

8.6 Swimming

The swimming pools onsite are too cold for use during the period we are in Portugal. However, we have access to the public pool at Silves which is excellent. The college will provide free transport for

this who wish to book onto the sessions (details when you arrive in Portugal). You will need to wear the correct swim wear for the pool which is close fitting trunks (speedos) and a swimming hat. The cost is approx. €5.00 per session.

9 TGC representation

For TGC matches or Pro-Ams the course team will reserve the right to select the players most deserving of a place. This will be done in consultation with both the Captain and Vice-Captain and the year head students. Students are expected to wear formal dress for the occasion and entertain their guests as appropriate. Where female members of either side are included, a fair assessment between handicap, courtesies and shots will be made by both team Captains.

At dinner after the match, the team Captain is expected to honour the host team with a toast and a short speech.

10 Outside tournaments

All students are enrolled onto the Portugal Professional Golf Tour. These events are professional although TGC has permission to enter as amateurs, additional PPGT events may be available but are at the expense of the individual and are subject to being released by the Programme Manager (students would need to be ahead on academic work) and transport is available

Where possible, students will be given the opportunity to enter other term time tournaments (e.g. Portuguese Amateur). This is however at the discretion of the Head of College. In order to be granted a leave of absence, the student must make his/her application in writing no less than 2 weeks prior to the event. Please note if you are not COMPLETELY up to date with ALL academic work and exemplary in your behaviour throughout the academic year, you will NOT be released no matter how well you are playing. Potential events are the Spanish, Portuguese Amateur Opens or international duties.

11 Student Life

It is the aim of the programme for the students to take responsibility for living in Portugal. At no time will any anti-social behaviour be tolerated. The college discipline procedure will be rigorously enforced especially upon those seeking to disrupt the programme or bring into disrepute the good name of Tournament Golf College. For further information, you can find a link to the College's Code of Conduct, Anti-bullying Policy and Values on the Student Intranet page.

It is hoped that students will become ambassadors for the game, the college and themselves and see Portugal as a fantastic opportunity to further develop their potential golfing career, as well as provide a practical basis to apply their academic/performance studies. At all times in Portugal, the staff are available to support your development as best they can both academically and professionally, and it is expected that students will keep their usual extracurricular study routine while abroad.

Students should expect to work over the weekends and some extended days thus making room for a greater training capacity and tournament scheduling alongside academic study.

11.1 Contact Sports

A number of students have decided to play recreational contact sports (football/basketball). Whilst we do not wish to manage this, these activities can and have resulted in minor (and occasional major) injuries setting back the individuals' golf development. It is the sole responsibility of the student whether they engage in these potentially risky activities. To be clear the college recommends YOU DO NOT PLAY CONTACT SPORT.

12 Student Liaison

The TGC highly values the opinion of its students and actively encourages them to be involved in the management of the programme as well as taking real responsibility for a number of activities including golf competitions and social events.

12.1 Course Committee

The course committee will consist of staff and the student Captains. TGC staff in attendance may alter due to availability. The course committee will attempt to meet regularly, tournament schedule permitting.

12.1.1 Responsibilities

This committee will provide the link between students and the programme. The PM will run and chair the Student review in each year. They will also provide a voice for student issues and meet with the External Examiner during his/her annual visits.

In addition, the student representatives will be expected to help select the squads for upcoming matches, organise extra-curricular events/competitions and provide general support to the staff. They are also expected to lead by example and be a role model for other students.

12.2 Reporting

The course committee will meet formally to discuss the course progression and form an integral part of the Annual Programme Monitoring/Committee. Extraordinary meetings can be called and are at the discretion of all the committee members.

13 Student Welfare

When the timetabled day is complete students are responsible for themselves. The programme does have on call staff (24hrs) who are there to assist you in an EMERGENCY. Staff working hours are 08:30 to 19:00 daily (NB: each member of staff has a day off each week) we ask you to respect the staff down time. Please do NOT contact member of staff after 19:00 unless you have been asked to do so unless it is an EMERGENCY. If a student consistently ignores the need to respect this arrangement then they will be referred to the Head of College as a disciplinary matter.

13.1 Personal administration

Students are expected to meet the required standards of the industry in terms of bearing and turn out. Students should always be early or on-time for lessons, tee times and bus pickups. Students should be clean and tidy at all times with their clothing clean, pressed and ironed.

13.2 Counselling

A remote system of counselling is available with our trained staff who can offer confidential advice and guidance when required. Female staff will be available should they be required, and a Portuguese local number will be issued to all female students upon arrival.

13.3 Mentoring

Two mentors will help you with both the academic (Programme Manager) and the playing side of your development (Darren Gass).

13.4 Progress tracking

All student progress during the year is tracked and will be made available upon request. This will be used by the personal tutor as a basis for your individual and performance tutorials. As a working document, you are expected to maintain your own Performance diary and planning.

13.5 Banking

ATM machines are available in nearby towns we will ensure that the cash points can be used on the weekly shopping runs.

13.6 Parental contact

Due to the pressure that can often be experienced through financial worry the college has taken the step to contact the bill payer directly. This will allow the student to concentrate on their academic and performance development. If you wish to manage all your own finance for the programme personally please speak to Alex Lindsay. Please note the college has a policy that ALL payments must be up to date, before you travel to Portugal.

14 Student Learning

Living and learning in Portugal gives students a tremendous opportunity to learn more about their chosen industry and every opportunity needs to be seized upon. Students will be in purpose-built classrooms at the Amendoeira Golf Resort with full access to the golf club, providing an excellent opportunity to practically apply the theoretical knowledge in a professional context

14.1 Contacting staff

All students will continue to have a college email address and be able to communicate with staff both in the UK and Portugal. In addition you can contact Student Services by email (stokeclimslandstudentservices@duchy.ac.uk) to arrange a telephone conversation. The senior tutor will still be your point of contact outside of the programme and will deal in confidence with any problem you may wish to bring to his attention (Mobile numbers of all staff members are in the contacts section 16).

14.2 Computer /internet access

All students are to use their laptops with wifi access at both the accommodation and the club. The resort has high speed glass fibre connection to increase download speeds. Access through the Marjon Portal, Moodle and the LRC online journal system will be available as it would in the UK.

14.3 Learning materials

TGC will take radar and movement analysis systems to Portugal which will be available for student use upon request outside of the programme of study.

In addition, paper based and electronic copies of the most important texts will be available for students to download onto their laptops.

A number of E-books have also been purchased and are available to the students. You will be expected to use Moodle to access programme resources whilst we are away.

Students still have access to the University Portal for the latest journal articles and the usual electronic resources of our Learning Resource Centre. All students are to ensure that they have their login details. We strongly recommend that you change your password before you leave college in the UK so that it doesn't expire whilst in Portugal.

14.4 Other resources

Students have access to the 3 courses at the resort and the practice facilities. Furthermore, students are encouraged to take the opportunity to explore other options that may be available to them outside of the scope of the programme. All outside options must be discussed with the Performance/Business Manager prior to taking up any offer.

14.5 Timetable

All students are expected to attend 100% of the lessons scheduled. The working day will run from 0830-1730 and includes working on Saturday and Sunday as timetabled. Students will continue their studies whilst in Portugal as per the timetable.

Each student will be provided with a copy of their individual timetable on their arrival in Portugal.

15 Medical

A reciprocal agreement is in place between the UK and Portugal. UK nationals who have an European Health Insurance Card (EHIC) or Global Health Insurance Card (GHIC) receive health care at the same cost as Portuguese nationals, at the time of writing Portugal and the UK have agreed that a reciprocal agreement will remain in place (passport based) even if the UK leaves the UK with no pan-European arrangements. A typical consultation with a GP is less than €10. Private health in Portugal is at a similar cost to that of the UK.

The college assumed that you are well unless you have clearly told us otherwise. You must therefore inform the Wardening team by PHONE between 08:00 and 08:30 if you need to see a doctor that day (this does not apply to accidents or other emergencies) if you have been unwell and have not recovered you must send the Wardening team an email each day. Outlining your state of health and the limitations on your academic and training activities. If an email is NOT received, you will be considered fit. Students who become unfit/unwell will fall under the university guidelines for absence or suspension of study.

If for reasons you are not 100% fit, you must seek and then follow medical advice. Please note the college has no choice in this matter, if a doctor says you are unfit to play golf, you are unfit until the doctor confirms you are fit.

15.1 Consent Form

All students must fill out the online adult medical consent form to include their insurance policy number and contact. You will need to sign a new consent form on returning to the programme after injury or illness if you are required to leave for a limited period. It is very important that you fully disclose any pre-existing condition.

15.2 Sports Injuries

Golf can be a dangerous activity and you must be aware of your personal health. Students may suffer from minor or more acute injuries from time to time and must alert the training staff immediately if any discomfort is felt. The onsite team will make initial assessments, screening all students and will then advise them accordingly. Students with an injury should expect to be referred to medical professionals at their own expense.

15.2.1 Chronic

Chronic injuries usually result from overuse or incorrect training. The course minimises this sort of injury by examining a student's relevant medical history prior to enrolment on the course and prescribing the appropriate type of training that should be strictly followed by the individual student.

15.2.2 Acute

Sprains and strains are an unfortunate by-product of training but can be treated with the RICE principle followed by a thorough recovery programme.

15.2.3 Withdrawal due to injury

For a more serious injury, a student may wish to continue their academic studies but rest from playing golf in the short term, or alternatively suspend their studies for a period of time. Every circumstance will be discussed on a case by case basis between the personal tutor and the student to agree the best decision.

Useful contacts

15.3 Staff

Office – To be advised upon arrival in Portugal

Alex Lindsay - (+44) 797186403 or (+351) 935 933 810

Performance Manager Darren Gass – (+44) 7855485792

Female Warden (Portugal) – (+351) 933 681 740

Business Manager (Portugal) – (+351) 939 105 803

Student Services / Senior Tutor - (+44) 1579 372325

Counsellor (UK based) – (+44) 1579 372227

15.4 Accommodation

Reception - Tel: (+351) 282 320 800

15.5 Golf Club

Golf - Tel: (+351) 282 320 800

15.6 Medical

Emergency number in Europe 112

Dentist (Albufeira) – (+351) 282 589 080

Local private hospital - Albufeira/Guia private hospital (+351) 707 282 828

Lagos Hospital – (+351) 282 790 700

Centro Hospitalar do Barlavento Algarvio

Sítio do Poço Seco - 8500-338 Portimão

Tel.: 282 450 300

Fax: 282 450 390

Email: geral@hbalgarvio.min-saude.pt

Centro de Saúde de Portimao

Rua Almirante Pinheiro de Azevedo - 8500-556 Portimão

Tel.: 282 420 160

Fax: 282 420 169

Email: cspormimao@cspormimao.min-saude.pt

Centro de Saude de Silves

Rua Cruz de Portugal

8300-167 SILVES

Tel: 282440020

15.7 General information

You may wish to find out more about the region you are visiting. We suggest you visit the Portimao website at http://portimao.com/algarve_regions/portimao_uk.htm

16 Events

This timetable is a guide only and is **subject to change without notice**. Not every students will play in every event.

EVENTS WILL BE CONFIRMED SHORTLY

17 Portugal on Vehicle Site Agreement

17.1 Introduction

Driving in Portugal is statistically more dangerous than driving in the UK. The college although not directly responsible for the off campus activities of its students does have responsibilities to the resort and the wider student body and to parents. The college has produced this document to highlight its expectations and the responsibilities of individuals.

This document is produced in English and makes reference to some of the relevant Portuguese legislation it is NOT a guide to Portuguese law (traffic or otherwise).

NB: The College cannot provide support in the event of accident or police action.

The college will NOT allow first year students (other than those that live outside of the UK) to bring vehicles onto the Amendoeira site.

17.2 Regulation

Students are NOT allowed to bring vehicles on site at Amendoeira unless they have complete this form and comply with the instructions within it. Security staff on site have the power to remove/impound vehicles.

The roads within the Amendoeira site, although private property, may be used by the public and therefore come within the legal definition of 'roads'. Accordingly, they are subject to the general regulating road traffic. In addition, the site/college has made the following Traffic Regulations. They are applicable to all users of the site and seek to promote the safety of drivers and pedestrians, ensure the best use of space and promote good relations with our neighbours.

No motor vehicle may be driven or kept on the site by a member of staff, student or other site user unless it is:

- (a) insured;
- (b) roadworthy and, where applicable, covered by a current MOT certificate (or equivalent).
- (c) not modified in anyway from the original specification.

17.3 Parking

All vehicles must be sensibly parked in designated bays. The following are contraventions under these regulations:

- to park a vehicle in a loading bay other than for the immediate purpose of loading or unloading.
- to park a vehicle in a reserved disabled bay without a valid blue badge displayed.

to park a vehicle on yellow lines, cross hatched area, grassed area or obstructing cycle lanes.

to park a vehicle in such a manner so as to cause danger or an obstruction.

In addition students may ONLY park in the car park at the sports centre/classrooms.

17.4 On site rules

Acts which could be crimes on roads outside the sites may also be crimes if done on roads within the grounds and may therefore render the offender liable to prosecution by the police. In order to help effective investigation, the security staff are authorised to report directly to the police:

(i) accidents with a motor vehicle or cycle involving death or personal injury. Local police will attend all such incidence.

(ii) driving or cycling whilst apparently under the influence of drink or drugs.

(iii) accidents involving damage to property in circumstances suggesting dangerous or careless driving or cycling.

In addition the college will enforce the following regulations you must NOT:

drive under the influence of drink or drugs.

drive recklessly, dangerously, without due care and attention or without reasonable consideration for other road users.

fail to observe the speed limit, which applies to all roads within the site

fail to observe a road sign ('Stop', 'Give Way', 'No Entry', 'Keep right', etc).

fail to observe normally accepted traffic regulations, including the display of obligatory lights at the appropriate times.

fail to stop when signalled to do so by Security staff.

use indiscriminate or excessive sounding of vehicle horns, hooters or sirens, excessively loud music (music that can be heard outside of the vehicle.)

drive on footpaths intended for pedestrians or golf buggies.

17.5 Off-site rules

17.5.1 Portuguese Police.

You are specifically reminded that:

- Driving in Portugal is more dangerous than the UK.
- That the police in Portugal have the power to fine on the spot, in addition they can confiscate vehicles and imprison you for motoring offenses.
- **As of 2015 breaches of traffic regulations in Portugal will result in endorsements on licences across the EU and in the UK.**
- The police in Portugal have a **zero tolerance** policy for road traffic offences.
- Ignorance of the law (regulations) is not a defence.

You must be registered in Portugal (with a fiscal number) to accepted payment for any journey. The private hire rules locally a complex and vary with municipality. Both the college and the resort could become liable if you engaged in this activity and therefore have a ZERO tolerance (you will be asked to leave the resort). Basically you can NOT become a private taxi.

17.5.2 College Rules.

You are reminded that your car is for your personal use and allowed on site only for your personal use. You should think very carefully before offering lifts to students or others. You will be fully legally and morally responsible for ANY incident involving your vehicle.

You therefore must not:

1. Drive whilst under the influence of ANY alcohol.
2. Charge others for journeys or solicit money from passengers
3. Assume that parking / access will be arrange for you at offsite events organised by the college. (Even if you have a confirmed tee time.)
4. Breach any traffic regulations
5. Behave (drive) in a manner that would cause offense to the resort or its neighbours.

17.6 Declaration

I have read and understand this document. I appreciate that driving in Portugal is more dangerous than the UK. I declare that I am fully entitled to drive the vehicle named below and it is fully insured. I accept the terms of this agreement, including the right of the college to take disciplinary action if I breach the rules, which may include the vehicle being banned from the site or my accommodation being withdrawn.

Student Name:

Driving Licence (Copy to be attached):

Signature:

Vehicle Registration (if known) (insert on First day on site):