Summer assignment 2023

Task – Design a ‘ Bistro style ‘ Summer menu of four courses to include, Fish, Poultry, Meat, Vegan & dessert.

You need to design an on - trend menu using seasonal summer ingredients.

You will need to show knowledge of sustainability & food miles and be able to explain their importance.

You need to explain in detail why you have picked the dishes and their ingredients and show your knowledge.

The menu should allow for ALL dietary requirements Vegan, Dairy Free Gluten free and also be suitable for someone with a Halal diet.

The menu should have ‘ flow ‘ so each course should compliment the next.

This task will need effective research to enable you explain in detail why you made those choices.

You have all Summer to plan the assignment and can email it to me at [steve.rudd@st-austell.ac.uk](mailto:steve.rudd@st-austell.ac.uk).

Hand in deadline Friday 15th September 2023