

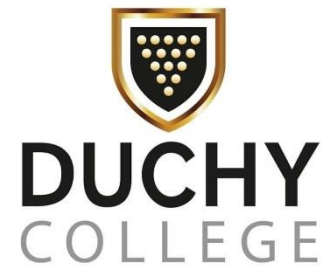
Level 2 Diploma in Sport and Physical Activity (Working in Sport)

Course Code: 10286-DSC-26

Duchy College Stoke Climsland

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Hello,

Welcome to Duchy College!

I look forward to meeting you at the start of the academic year. It is going to be a busy but very exciting year as you all start your journey through the college! I am sending this document across to just walk you through all the necessary information you need to know ready for the start of the year.

Induction Week:

There is an Induction Week taking place at the college for all new starters. This will be an opportunity to meet your new course mates, explore the campus and complete all of the important admin to get you ready for the year.

The induction days will take place on Thursday 3rd and Friday 4th September, with the learners following an induction timetable for those two days. This timetable will include a range of activities such as, ice breaker activities, online enrolment, gym inductions and team building challenges. There will also be a range of practical sessions taking place each day including football or a trip to the gym (depending on your chosen pathway), so please ensure a suitable practical kit is available on those days. (College Transport will also be available for these days).

Delivery of the core programme will begin w/c 8th September, those on the Level 2 Sport Programme are timetabled Mon-Thurs from 09:00 – 16:30, including a 1 hour minute lunch break each day.

We have college kit available to purchase for the different pathways, these kits are an opportunity to represent your programme throughout the year and wear during your practical sessions, both pathway specific or for your unit based practical lessons.

Football Pathway – You are able to purchase a range of kit, representing Plymouth Argyle during your time at the college. It is a **minimum requirement** that learners purchase the Plymouth Argyle Training Jersey and the ¼ Zip Training Top. If you wish to purchase more kit then please do so at your own discretion. You can access the club shop via this link - [Education Range - Duchy College — KitKing](#)

Shin pads are an expectation for all training sessions and **we advise against micro shinpads**, however this will be down to the learners preference.

Fitness Pathway – Learners who will study on the fitness pathway will be expected to purchase enough kit for your practical sessions, where you will take part in gym based exercise and a range of sports in both our sports hall and on our fields. We therefore advise the purchase of a performance/ training T-Shirt, shorts and jumper/hoodie for these sessions. College branded clothing can be purchased via this link [Duchy College - New - PVM Supplies](#) or by typing Duchy College - <https://www.pvmsupplies.shop/schools-colleges/duchy-college-new?qfs=1&p=1> into your search engine.

It is expected that learners will have some college kit to wear by the end of the first half-term (w/c 19th October), which allows enough time for purchasing and delivery.

Some learners may be eligible for bursary funding to support in the cost of the kit purchase, so please ensure you keep receipts in order to be able to claim this money back.

We do recommend that learners bring additional kit for their own comfort in and out of practical sessions, this could include:

- Waterproof Jacket
- Tracksuit Bottoms
- Sports shorts
- Sports shoes
- Water Bottle
- Towel and shower gels/shampoos (should they wish to shower after training)

Those on the Football Pathway, it is expected that you bring specific kit as well as the kit mentioned above, this includes:

- Football Boots (Soft/Firm Ground is ideal, however we do not expect all learners to possess both kinds. Out of the 2 options, **Firm Ground** is the most versatile of the boot types)
- Shin Pads and Long Socks
- Indoor Football Shoes/Trainers (this is for when learners train inside, outside everyday shoes will not be permitted for training)

You will have practical sessions every day, so please bring spare clothing in the case of getting hot and sweaty, you will not be allowed to take part in practical sessions in everyday casual wear.

Academic Resources:

Is it expected that learners possess the correct academic resources to assist in their learning throughout the academic year. You are advised to provide the following academic resources for your course:

- A4 pad of ruled paper
- Pens/Pencils/Rulers etc

Trips, Visits and Additional Qualifications:

Throughout the year, there will be opportunities for learners to get involved in additional trips, visits as well as complete some additional qualifications to enhance their portfolio. We will endeavour to ensure that costs are kept to a minimum and that plenty of notice is given so that learners are able to make payment should they need to.

Some potential opportunities for learners include:

- Argyle Match Day – FOC
- Safeguarding and PREVENT training – FOC
- FA Playmaker – FOC

GAP Africa -Sports Coaching Trip:

As many of you are already aware, this year we have the exciting opportunity to embark on a trip to South Africa. This trip will involve the learners applying the skills they will learn on the programme to real life situations, delivering sports coaching to disadvantaged communities within South Africa. While there learners will also have the opportunity to experience a safari, river cruise, a visit to an animal sanctuary and immerse themselves in South African culture. More information about this trip can be found by accessing this link. [26-4836-DSC-SPC-Duchy-College-Stoke-Climsland | Gap Africa Projects](#) Please note, it is not too late to sign up and as a group we are already exploring sponsorship and fundraising opportunities to help contribute towards the cost.

Football Pre-Season

Football Programme Pre-Season For any learners interested in studying on our football pathway, we will be hosting a pre-season day during the summer run by Plymouth Argyle coaching staff. These will be a great opportunity to meet the coaching team and fellow teammates ahead of the season. Date of this sessions will be Friday 21st August from 10.00-12.00, it would be great to see as many people attend these as possible. There will also be a fixture against the Plymouth based Education programme on the 3rd September, with this pre season day helping to select a squad for this fixture. The first competitive fixtures will take place during the learners first few weeks, so these pre-season days will also influence team selection for the early season. Please could you confirm your attendance by responding to the email when this is received. Or, if you are unable to attend could you also acknowledge this via email so that we continue to involve you in any future communications prior to the course delivery. Email confirmation can be sent to Stewart.may@cornwall.ac.uk

If you have any further questions, please do not hesitate to get in contact with me and I will endeavour to provide you with an answer.

I look forward to seeing you very soon and welcoming you to Duchy College!

Kind Regards

Sam Ralph

Study Programme Manager – Level 2 Sport