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| **Level 3 NCFE Sport Coaching**  **Year 2** |  |
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| **Course Details:**  10292-DSC  10289-DSC  **Course Manager: Stewart May**  **YOU ARE ADVISED TO PROVIDE THE FOLLOWING ACADEMIC RESOURCES FOR YOUR COURSE:**   * 1 A4 lever arch files and 1 pack of file dividers * A4 pad of ruled paper * Plastic folder for storing handouts * Pens, pencils, ruler etc   *All college coursework is completed and submitted electronically, so it is advisable that learners have access to a smart device (laptop, desktop, tablet or smartphone) in order to complete coursework while at home.*  **Essential Kit List**  In order to safely and effectively participate in all of your timetabled practical sessions, and also to represent the College when working with external groups, you will be required to purchase college branded clothing.  Learners wishing to study on the football pathway in conjunction with Plymouth Argyle Community Trust are required to purchase as minimum, the Plymouth argyle training Jersey and ¼ Zip or training sweat top. Which can be purchased by following this link – [Duchy College Plymouth – Football Development Programme – Puma Teamwear](https://www.pumateamwear.co.uk/microsite/duchy-college-plymouth-football-development-programme/)  (The online site will be live from 24/07/23)  This along with black shorts and football socks are a requirement for all training sessions and match day warm ups, playing kit will be provided for learners on the day.  Learners who will study on the fitness pathway will be expected to purchase enough kit for your practical sessions, this can be purchased from Snowland Embroidery [DUCHY COLLEGE FITNESS (snowlandembroidery.com)](https://snowlandembroidery.com/webshop/duchy-college/duchy-college-fitness/) – If you have any request regarding additional items, please let us know and we can add this to the catalogue.  Additional non-compulsory items are also available from both online stores throughout the year should you wish to purchase these.  *\*Duchy College clothing is required to be worn during all practical training sessions and during fixtures\**  **If you have previously purchased Duchy branded clothing in your first year you do not need to purchase the new bundle. If you did not purchase clothing in year 1, then please ensure you purchase branded clothing this academic year.**  For your own comfort during practical sessions it’s advised that you have access to the following:  Rain Jacket  Tracksuit Bottoms (Black) [Not joggers]  Sports Shorts  Training/Running Shoes  Water Bottle  A Towel  Football Pathway only:  All of the above, plus  Football Boots (Soft ground & Firm ground Ideally, but not essential)  Shin Pads and long socks  Indoor football shoes/ trainers  Please be advised that you will have several practical sessions per week and most likely at least one each day you are in college, and therefore it is advisable to have some spare clothing with you every day.  **Trips, visits and additional qualifications**  As we did last year, we will endeavour to provide as many opportunities as possible for learners to take part in trips, visits and additional qualifications and this year we will be taking part in a 2 day residential in early October. This residential will be used as an opportunity for learners on both years of the programme to spend time together and get to know each other. It will help to challenge the learners and build some resilience early in the year. During this residential learners will spend two days (one night) at the Roseland outdoor centre, taking part in a range of team building activities as well as outdoor adventure activities such as Canoeing, Kayaking, indoor climbing, mountain biking and more. This will come at a small cost of approximately £60 which includes the nights stay and two days of outdoor activities led by specialist instructors.  We have also been fortunate enough to be given the opportunity to develop our work experience and employment opportunities with Plymouth Argyle. Plymouth Argyle have agreed to take each learner who is interested on a 1 or 2 week block of work experience, with strong possibilities of employment and apprenticeship opportunities following completion of the course.  The trust are looking for more coaches in the local area and would like to employ our learners for evening, weekend and holiday work and have approached us about taking the learners on a block of work experience as a trial for employment. This is a fantastic opportunity and great first steps into sports coaching as well as gaining paid employment alongside your studies. However, this is only possible if learners complete their introduction to football coaching qualification (previously the FA level 1) prior to carrying out their work experience. This is an online qualification which can be booked via the Cornwall/ Devon FA website and costs £160. (coaching pay starts at £10 per hour with Argyle Community Trust)  **Football Programme Pre-Season**  For any learners interested in studying on our football pathway, we will be hosting two pre-season days during the summer run by Plymouth Argyle coaching staff. These will be a great opportunity to meet the coaching team and fellow teammates ahead of the season. Dates of these sessions will be 11th August & 1st September from 10.00-13.00, it would be great to see as many people attend these as possible. The first college fixture will take place during the learners induction week, so these pre-season days will influence team selection for that first fixture. Please could you confirm your attendance by responding to the email when this is received. Or, if you are unable to attend could you also acknowledge this via email so that we continue to involve you in any future communications prior to the course delivery.  **Induction Week**  All second year learners will be involved in a one day induction. This will allow learners the opportunity to complete their re-enrolment and the mandatory induction tasks in a single day.  The induction day will take place on Friday 8th September. However, if you wish to be part of the football programme then there will be pre season training sessions on the 4th & 5th September, with our first pre season fixture on the 6th.  Delivery of the core programmes will begin W/C 11th September, with learners on our level 3 second year qualifications being timetabled from 9.00-16.15 Monday-Wednesday, including a 45 minute lunch break each day.  If you have any questions please do not hesitate to contact Stewart May by email on [stewart.may@cornwall.ac.uk](mailto:stewart.may@cornwall.ac.uk)  Kind regards and we look forward to seeing you soon.  Stewart May  Study Programme Manager for Sport. | |